

# **Windmill Safeguarding Policy**

## **Keeping you Safe**

**Safeguarding information for people being supported by  
Windmill**



**Easy read version of Windmill's internal document on  
Safeguarding Vulnerable Persons at Risk of Abuse**

**Compiled by Windmill's Self Advocacy Committee  
2017/2018**

## ***You have the right to be safe***

Windmill has a responsibility to keep you ***safe from abuse*** and has a policy about that.

You should know what the **Safeguarding Policy** says about keeping you safe.

All Windmill staff and visitors should know what the policy says about keeping you safe. Everyone has a responsibility to follow the **Safeguarding Policy**.

### **Your Rights**

- **We are all equal**
- **You should be treated with dignity and respect**
- **You have the right to be safe and live a life free of abuse**
- **You should be supported to make your own choices**
- **You have the right to privacy and to have your personal information kept private**
- **You should have opportunities to have fulfilling relationships**
- **You should be in control of your own life**

## ***What is Abuse?***

There are many types of abuse

### **Physical Abuse**

Is a hurt to the body that has been caused by another person on purpose.



### **Sexual Abuse**

Is persuading or forcing a person to take part in sexual activity without their consent



### **Emotional Abuse**

Is making a person feel bad, sad or afraid by constantly criticising, shouting at, blaming or humiliating them.



### **Financial Abuse**

Is when a person plans to take, or takes another person's money or property for their own use



### **Neglect**

Is when a person's needs are not met or they are not protected from harm from other people



### **Institutional Abuse**

Is when a person's dignity, rights, independence and choice are not respected by the organisation they are part of.



### **Discriminatory Abuse**

Is when a person or group is not allowed to do things that are open to everybody else because of disability, age, gender, race or other difference.



Abuse is always wrong Abuse damages your rights



Abuse may be carried out by one person



Abuse may be carried out by many people



Abuse can happen once or many times



Abuse can happen anywhere



Abuse breaks trust  
Abuse causes hurt and makes people upset



## ***What can you do and who can you tell?***

If something is happening to you that you do not like, you can tell someone

There are many people that you can talk to ....

Here are some of them



Keyworker or  
other Staff Members



Doctor



Family



Gardaí

## ***Designated Persons***

The people in charge of keeping you safe in Windmill are



**Joan**



**Linda**

These are the Designated Office for Windmill. Their job is to make sure that everyone in Windmill tries to keep you safe at all times. You can ask for their help by

- Ask Linda or Joan yourself
- Ask your keyworker to help you arrange it
- Put your “I need to talk” card in the box



Joan and Linda will listen to you and help you. They may have to tell someone else, such as HSE or the Gardaí

***If you have a worry about your safety and feel that you wish to speak with someone outside of Windmill you may contact:***

***Leigh Gath***



Confidential Recipient

Training Centre

Dooradoyle

Limerick

Lo-call 1890 100 014 or mobile 087 665 7269

Email: [leigh.gath@hse.ie](mailto:leigh.gath@hse.ie)

***Leigh Gath works separately to Windmill***

## **THE HSE SAFEGUARDING AND PROTECTION TEAM**

The HSE Safeguarding and Protection team is a group of Social workers who's job it is to work with services, families and community organisations to make sure you are safe from abuse. They can be contacted here

Safeguarding and Protection Team CHO5

HSE,

Lacken

Dublin Rd

Kilkenny

Phone: 056 7784 325/778 4313

Email: [safeguarding.cho5@hse.ie](mailto:safeguarding.cho5@hse.ie)